



Guyana Medical Relief, Inc. is a non-profit organization that raises funds to provide or sponsor shipment of urgently needed medical supplies, equipment and services for hospitals in Guyana, South America.

#### HOW CAN I TAKE PART?

1. **PAY** the registration fee and join the WALK.
2. **BE SPONSORED:** Set yourself a goal & ask your friends, family & co-workers to assist you by making a donation.
3. **JOIN A TEAM:** Put together a group of 5 or more persons, join the WALK, and compete for prizes for

#### MOST SPIRIT OR SPONSORSHIPS

BRING your sponsorship monies and register on **Saturday, MAY 22, 2010**

**CHECKS MADE PAYABLE TO**  
**Guyana Medical Relief, Inc.**

#### WAIVER:

I hereby waive all claims against Guyana Medical Relief, Inc. for any injury I might suffer in this event.

Walker's  
Signature: \_\_\_\_\_

DATE: \_\_\_\_\_

## GENERAL INFORMATION

MEET AT

LAKE BALBOA

Kite Field

6300 Balboa Blvd, Encino CA 91316



**LOOK FOR THE GREEN & WHITE  
BALLOONS**

**REGISTRATION \$25**

**BEGINS AT: 7:30 a.m.**

Join the Warm-Up Exercises

**WALK BEGINS PROMPTLY at 8:00  
a.m.**

**Presentation of Prizes and Certificates  
at 10:30 a.m.**

Bring your picnic basket and join in  
the fun and entertainment  
Enjoy other food items

**FOR MORE INFORMATION CALL:**

Karen: 661-435-2824

**GUYANA**  
**MEDICAL**  
**RELIEF, INC.**

**WALK**  
**FOR**  
**HEALTH**

**5K AND 10K**



**SATURDAY, MAY, 22 2010**

**AT**  
**LAKE BALBOA**  
**ENCINO**